



BHS MemberAccess



Employer ID: JCC

Employee Assistance Program (EAP) & Mental Health/Substance Abuse Benefits

Jefferson County commission offers an integrated Mental Health/Substance Abuse (MHSA) and Employee Assistance Program (EAP).

These services will be offered through Behavioral Health Systems, Inc. (BHS).

One plan. **800-245-1150**
One network.
One call. (available 24/7/365)

EAP & Mental Health/Substance Abuse Benefits

EAP Benefits Include (Available to all eligible employees and their dependents):

- ✓ Three (3) visits/consults per plan year (including counseling services you'd normally use your medical plan for)
- ✓ Coverage for: marriage & family, stress, financial/legal, and work/life balance
- ✓ Full service MemberAccess portal www.behavioralhealthsystems.com Employer ID: **JCC**

Mental Health/Substance Abuse Benefits Include (Available to eligible employees and dependents enrolled in a Jefferson County Commission medical plan):

- ✓ Inpatient and outpatient benefits
- ✓ Copays, coinsurance and deductibles match your medical plan equivalent

BHS Care Coordinator: Gary Tate, RN, BSN, is the Jefferson County Commission-designated BHS Care Coordinator. Gary can assist with benefits, eligibility and provider availability and issues such as:

- Stress Management • Personal Relationships • Marital/Family • Parent-Child Conflict
- Grief • Coping After Tragedy • Depression & Anxiety • Work-Related Problems
- Alcohol & Drug Abuse • ADHD • Life Transition • Eating Disorders • Financial/Legal

BHS is available by calling 800-245-1150 or visiting www.behavioralhealthsystems.com (MemberAccess, Employer ID: **JCC**)



Gary Tate, RN, BSN



BEHAVIORAL HEALTH SYSTEMS